

HOW TO *Manage The Overwhelm* OF PARENTING A CHILD WITH SPECIAL NEEDS

Sure, there's joy, but parenting can be stressful. Parenting a child with special needs can be overwhelming, exhausting and isolating at times. More than ever, parents now feel anxious, worried, and guilty. They are struggling with balancing their time and wonder if they are doing enough to support their child(ren). They long to let go of feeling like a "bad" parent and want to be more fun, confident, empowered, and in their joy.



Denise Carbon is a Special Needs Expert who has supported thousands of young children with special needs and their families for over 30 years. She helps empower parents struggling with worry, anxiety, stress & overwhelm while ensuring kids grow to reach their full potential.

Denise holds a Master's in Early Childhood Special Education with the highest distinction of Summa Cum Laude. She's Certified as an Advanced Transdisciplinary Infant and Family Early Childhood Mental Health Practitioner, Certified NLP Master Practitioner, and Certified Master Executive, Life & Parent Coach.

Stanford Children's Hospital hand selected Denise to run their High-Risk Infant Development Clinic. Some of her private clients include top executives at Amazon, Google, Facebook and Apple; parents who struggle with balancing their time and navigating the systems.

Denise is an International Speaker and has been featured at multiple conferences including the Department of Developmental Services (DDS), Infant Development Association of California, and various Early Start Programs. Quasar Expeditions specifically chose Denise as their Guest Expert to create and lead family cruises in the Galapagos Islands, specifically for families with special needs, she is featured in Travel and Leisure Magazine, and is currently serving families in over 25 countries.

HERE'S WHAT YOU'LL LEARN...

The Top 3 (Easy) Steps to Manage
Stress & Overwhelm

The #1 Secret To Feel More At Peace
and Relaxed Everyday

Walk Away with New Strategies to
Increase Feelings of Empowerment,
Confidence, and Joy

Testimonial

"I came to Denise as a hot mess, my life had fallen apart as I knew it and was full of trauma, hurt, and angst. She helped me and my son by listening to my struggles and teaching me simple modifications that made big differences. At the same time, she helped me heal myself and that has helped me be the empowered mom and woman I want to be. She has the knowledge, skills and confidence to aid in a vast array of life challenges and does so capably serving all ages."

-Jessica

Book Denise To Speak At Your Event or Conference Today!
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