

**Online Training: The Empowered Parent's Roadmap: How to Find Hope,
Clarity, and Your Next Steps After a Diagnosis**
Wednesday, September 16 | 6:00 - 7:30 p.m.

Has your child recently received a diagnosis that turned your world upside down?

If so, you may be feeling overwhelmed, scared, and unsure of what to do next... or worse, worried about getting it wrong! This talk is designed to meet you right there. In this compassionate and practical session, you'll learn how to move out of fear and confusion and into clarity, confidence, and grounded action. You'll begin to understand what your child truly needs (beyond labels & worst-case scenarios) and how to support them in a way that actually works. You don't have to navigate this journey alone or stay stuck in overwhelm. No matter what you've been feeling so far, you can become the calm, confident guide your child needs and deserves.



Here's What You'll Learn:

A simple, proven technique to calm overwhelm in under 2 minutes so you can think clearly, even on the hardest days

The #1 Secret to Advocating with Impact
(Hint: It Starts with YOU!)

Tools to reduce fear, filter out noise, and make more confident decisions quickly

A clear, reassuring roadmap for what to focus on next, without spiraling into worst-case scenario thinking

Walk away feeling calmer, clearer, and more equipped to support your child (and yourself) through what comes next.



Meet Our Presenter

Denise Carbon is a Special Needs Expert, Therapist, Parent Coach, and international speaker with over 35 years of experience helping families navigate the special needs journey. She was selected to lead Stanford Children's Hospital's High-Risk Infant Development Clinic and has supported families in more than 25 countries. Through her 4 Shields of the Empowered Parent™ framework, Denise provides practical tools that help parents move toward confidence, clarity, and empowered action.

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